



# Hampton Herald

April 2019

## Recent Events



### **Saturday 30<sup>th</sup> March - STARFISH AWARDS AT HAMPTON LIFESAVING CLUB**

Hampton Rotarian Marie Arendsen attended the final day of the Starfish and Nippers at Hampton Lifesaving Club, where all the awards were presented for the season.

It was such a wonderful experience. Each one of the 26 Starfish received a medal engraved with an award for his or her special talent. Some of these were, for example, The Paddling on Knees Award; Underwater Swimmer Award; the Most Determined Award; The Have a Go Award; and Water Confidence Award and so on. The Mentors then also talked about each child briefly, and very emotional, proud parents took many, many photos.

The final presentation of the day, after the Nippers had also received their medals, was for the Young Lifesaver of the year. This was a surprise, because a 10 year old Starfish with Autism Syndrome and Epilepsy managed to out-score everyone and take out the honours. This has never happened before.

Hampton Rotary was thanked for providing the Grants which bought equipment which has enabled HLSC to run the largest Starfish program in the country. They now have a waiting list. This is limited to the number of mentors generous enough to look after a child with a disability one-on-one on Saturday afternoons during summer.

### **Club Meeting – 2<sup>nd</sup> April - Recollections of a Ten Pound Pom - Guest Speaker – Joy Meekings**

Originally from East London, Joy's journey to Australia began in 1969 when she was 19. It was the first time she had been away from home. A girl she met on the plane to Australia lived at Rose Bay. She moved to Rose Bay, got a job in a week or two and four weeks after that met her husband. She moved to Melbourne in 1973 and became an Australian in 1978. Joy has worked for BHP, Rio and St Leonard's College. Now retired, Joy writes radio plays and has had two produced at Beaumaris Theatre.



### Club Activity – 9<sup>th</sup> April - Packing Mothers' Day Care Packages to Support St Kilda Mums

Thanks to the generosity of the locally based Natural Beauty Care Group and the commitment of our club members we were able to pack 60 gift bags of quality products to donate to St Kilda Mums for their One Mother to Another Mother's Day project. These gift bags will be distributed by social workers and maternal child health nurses to mums in need. This is a wonderful example of what can be achieved when we are resourceful and work in conjunction with other agencies. For all the mothers out there Happy Mother's Day!



### Bayside Farmers' Market – Saturday 20<sup>th</sup> April

Despite being in the middle of the Easter break, there was another great turn-out this month's Farmers' Market. It was a wonderful day - sunny conditions and excellent participation. We had the generous support of volunteers this month from Brighton North Rotary Club and would like to thank them for their great work in assisting with so many of the tasks in setting up and running the market. Our next market will be held on Saturday, 19th May.

## Community Projects Update



### School Hearing Readiness Program Kicks-Off This Year on Saturday 4 May – SAVE THE DATE!

In preparation for the transition to school, children currently enrolled at kindergartens and childcare centres in Bayside are invited to attend a free hearing screening appointment.

Hampton Rotary initiated this project which has been running successfully now for a number of years and we will be seeking volunteers shortly to assist run this important project on the day.

For further information you can contact Marie Arendsen from Hampton Rotary on 0402 457 570 or Bayside City Council, Family Services Department on 9599 4755.



### **Plant-A-Tree Challenge - Save The Date Saturday 1 June 2019**

Plant-A-Tree is a Rotary project rolled out around the globe. This year, Hampton Rotary is again proposing to work with the local community and Council to plant more trees along the foreshore.

Save the date for this year's challenge:

When: Saturday, 1 June: 10am-12noon

Where: Car Park B6, North of the Sandringham Football Oval

If you are interested in attending contact:

Geoff Tickner,

Rotary Club of Hampton

Mobile:0412 834 347

Email: [Geoffrey.tickner@bigpond.com](mailto:Geoffrey.tickner@bigpond.com)

## **International Projects Update**



### **Volunteers Needed to Help Pack Medical Supplies To Be Sent To The Nokor Tep Women's Hospital in Cambodia**

The Rotary Club of Hampton had supported a project which involved volunteers from the Nokor Tep Foundation Australia, Hampton Rotary and other Rotary Clubs working at the Rotary "Donations In Kind" warehouse at Footscray in Melbourne, to sort and pack medical supplies, uniforms and linen. Based on the requirements for the hospital as determined and advised by the Nokor Tep Foundation Cambodia, some of these supplies were earmarked for inclusion in a 40' container that was shipped to the hospital last year.

Another container of medical supplies will be sorted and packed throughout 2019 and details are now available of days when volunteers will be required to assist with this project.

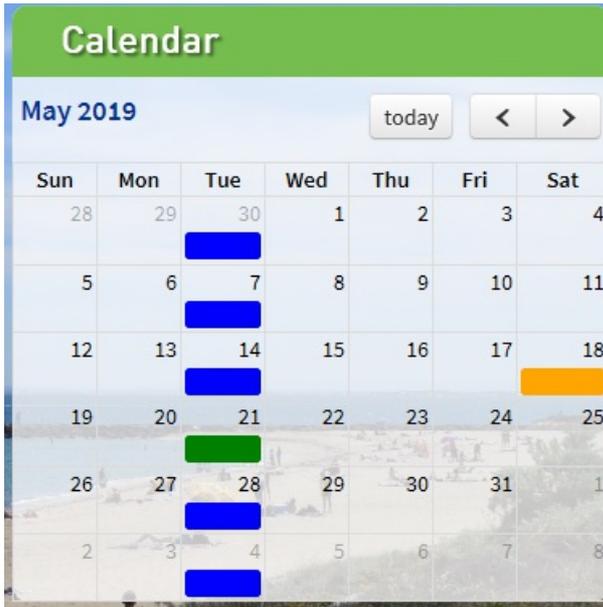
- May – 2 & 16

- June – 6 & 20

Saturday working bees: 4/5, 6/7, 7/9, 2/11

If you are interested in being involved, contact Christine Lindsey at Christine.lindsey@gmail.com. You can also check out full details on the Nokor Tep Foundation and the Hospital

## Upcoming Events



Check Out The Hampton Rotary Website For Details Of Upcoming Club Meetings and Events  
You will find the calendar of events available on the Hampton Rotary website: <https://hamptonrotary.org.au>

### Roster April/May

Reception Alan Morgan  
Meet and Greet Jenny Fox

### Club Meeting – April 30 - Community Grants Presentations

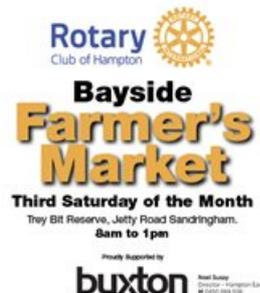
Hear from two of the successful recipients from the annual Community Grants program - Starfish (Hampton Lifesaving Club) and Riding for the Disabled. They will each share details of how they putting the grant funds to good use.

### May 7 - Joint Meeting with Sandringham Rotary Club - Mia Thompson on World Challenge

Dolphin Room, Sandringham 6.00PM  
Please advise Lou Rodriguez By May 5 if you are attending.

### May 14 - Club Social Night with Partners

Little Vietnam  
504 Hampton Street, Hampton  
6:30 for 7:00PM



### Bayside Farmers' Market – Saturday 18th May

Our next Farmers' Market will be held on Saturday, 19th May. The stallholders will have all the latest in-season produce available so you can stock the pantry. We look forward to seeing you there!

For more details about the market, check out the website at: [www.baysidefarmersmarket.com.au](http://www.baysidefarmersmarket.com.au)

### May 28 - Joint Meeting with Sandringham Rotary Club at Milanos

Paula Holmberg is a nutritionist who understands reality of the pressures put on us today. She is passionate about inspiring, leading and educating people. She will lead them through their current illness and give them the tools so

they can help themselves return to a state of balance.



**Nominations Now Open for the Bayside Business Excellence Awards**

If you have a business in the Bayside area or know of someone who does, this could be an opportunity to enter this prestigious Awards program and be recognised as a leading Bayside business.

The Bayside Business Awards program has been developed by Bayside Rotary Clubs with Bayside Business Network and supported by Bayside City Council to recognise and celebrate the outstanding performance of local businesses across the Bayside area.

There are a range of business categories available to attract diverse participants and a robust and independent Judging Panel will undertake the shortlisting process.

Nominations are open until 30 June and application forms can be downloaded from the Awards website: [www.BaysideBusinessAwards.com.au](http://www.BaysideBusinessAwards.com.au)

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